Makayla West is the Community Outreach Manager for Brightview Health in Fredericksburg. She works closely within our community with its members and different community partners. Her mission is to connect those wanting or needing help to treatment, working directly with referral partners. Makayla works with a lot of great folks in the community in order to wrap our arms around these individuals, and help them get set up with treatment and other vital resources such as housing, food, etc.

Although she does not have a recovery story herself, Makayla knows that each and every family has been impacted by addiction in some way. She has seen her own family dynamic be affected by the ugly addiction of alcohol, and lost a cousin to an overdose last year. Makayla has made it her mission to help connect those wanting to change these ugly realities in their own lives and families.